


December 2017/January 2018

Meal include 250 ml white milk or juice (apple/orange)

Cheques made payable to Cobequid Schools Catering Society

Daily tickets \$4.00 or sheet of 10 can be purchased for \$40.00 from Leanne in the cafeteria

<p>Monday Dec 4 Lasagna & Breadstick</p> <p>Pancakes & Sausages</p>	<p>Tuesday Dec 5 Tuna Melt</p> <p>Garlic Pizza & Cookie</p>	<p>Wednesday Dec 6 Chicken Wrap</p> <p>Chicken Fingers & Fries</p>	<p>Thursday Dec 7 Chicken Dinner</p> <p>Hamburger & Slushie</p>	<p>Friday Dec 8 Chicken Wrap</p> <p>Cheese Pizza & Cookie</p>
<p>Dec 11 Fish Bites & Fries</p> <p>Pancakes & Sausages</p>	<p>Dec 12 Sweet & Sour Chicken with Rice</p> <p>Garlic Pizza & Cookie</p>	<p>Dec 13 Homemade Chicken Noodle Soup</p> <p>Chicken Fingers & Fries</p>	<p>Dec 14 Chili & Breadstick</p> <p>Hamburger & Slushie</p>	<p>Dec 15 Valley Lunchable Plate</p> <p>Cheese Pizza & Cookie</p>
<p>Dec 18 Mac & Cheese</p> <p>Pancakes & Sausages</p>	<p>Dec 19 Holiday Dinner</p> 	<p>Dec 20 Beef Taco & Nachos</p> <p>Chicken Fingers & Fries</p>	<p>Dec 21 Chicken Burger</p> <p>Hamburger & Slushie</p>	<p>Dec 22</p> <p style="font-size: 2em; color: red;">Happy Holidays!</p>
<p>Jan 1</p> 	<p>Jan 2 Pancakes & Sausages</p> <p>Garlic Pizza & Cookie</p>	<p>Jan 3 Sloppy Joes</p> <p>Chicken Fingers & Fries</p>	<p>Jan 4 Grilled Cheese & Tomato Soup</p> <p>Hamburger & Slushie</p>	<p>Jan 5 Mac & Cheese</p> <p>Cheese Pizza & Cookie</p>

*Daily Special with Milk OR Juice (please indicate) 4.00

*Daily Special with Chocolate Milk (please indicate) 4.75

<u>Recess Items</u>	<u>Price</u>	<u>Beverages</u>	<u>Price</u>
Low Fat Cookies	.50	Sm White Milk	.40
Welches Fruit Snacks	1.25 (Price Change)	Sm Chocolate Milk	1.35
Frozen Yogurt Tube	1.00	Sm Juice	.60
Baked Chips	1.00		
Ice Cream (Vanilla)	.75	<u>Sandwiches/Wraps</u>	
Slushie	1.00	Turkey/ Ham / Tuna	3.00
		Wow Butter	2.00
		Grilled Cheese	3.00
<u>Extras</u>		Chicken Wrap	4.00
Valley Plate (crackers,cheese,veggies,deli meat)	3.50	<u>Salads</u>	
Vegenaise Portion	.25	Tossed Salad	3.00
		(add chicken/ham \$1)	4.00